



LUNCH MENU

Monday to Saturday 12pm - 3pm

PANINI

Fresh Panini's, Served with Mixed Baby Leaf Salad, Balsamic Glaze & Crisps

THE ITALIAN

Prosciutto Ham, Caramelised Onion,
Gherkins & Green Pesto.
£5.95

HAM & CHEESE

Ham, Cheddar Cheese & Tomato.
£5.95

THE CAPRESE *V

Mozzarella, Fresh Basil & Tomato.
£5.95

OUR BEST SELLER

Bacon, Brie & Cranberry.
£5.95

TUNA MELT

Tuna Mayonnaise & Cheddar Cheese.
£5.95

SANDWICHES

Served with Mixed Baby Leaf Salad, Balsamic Glaze & Crisps

B.L.T CLUB

Bacon, Lettuce Tomato & Mayonnaise.
£8

STEAK SANDWICH

Minute Sirloin Steak, Tomato & Lettuce
£8

VEGETARIAN BREAKFAST *V

Crushed Avocado, Mozzarella, Red Onion Chutney,
Tomato in a Toasted Ciabatta.
£8

LIGHT BITES

SOUP OF THE DAY

Soup of the Day served with Crusty Bread.
£5.95

CHICKEN GOUJON'S

Chicken Goujon's, French Fries & Side Salad.
£10

HAM & EGG

8oz Gammon, Free - Range Egg & Chips.
£10

THE ESPLANADE BURGER

4oz Beef Burger, Lettuce, Tomato & French Fries.
£10

SCAMPI

French Fries, Garden Pea's
Tartar Sauce & Lemon Wedge.
£10

PLOUGHMAN'S *V

Choose from - Sliced Gammon, Cheddar Cheese, Brie.
Pickles, Apple, Grapes, Celery, Crisps & Crusty Bread.
£8

ALLERGENS

We are unable to cater for any dietary requirements not notified to us in advance. Please note that our food at The Royal Esplanades Hotel is prepared in a kitchen which handles all allergens. We cannot guarantee that our food is free from trace elements of any allergen. The Royal Esplanades Hotel does not assume any liability for adverse reactions to foods consumed, or to items one may come into contact with, while eating at The Royal Esplanade Hotel.

*V - Vegetarian