

Good Morning!



BREAKFAST STARTER SELECTION

Please help yourself to

Chilled Fruit Juice

Choose from
Orange, Grapefruit or Apple Juice

A Selection of Breakfast Cereals

Corn Fakes
Rice Crispies
Frosties
Muesli
Weetabix
Bran Flakes

All Served with Semi Skimmed Milk

Porridge Oats

Why not add
Sultanas or Honey

Stewed Prunes

or
Grapefruit Segments
or
Yoghurt

MAIN BREAKFAST SELECTION

Start the day with a Full English Breakfast

Grilled Back Bacon, Isle of Wight Sausage, Grilled Tomato,
Baked Beans And Hash Brown

Served With Eggs As You Like Them: Boiled, Poached, Scrambled or Fried

Vegetarian Breakfast

Vegetarian Sausage, Grilled Tomatoes, Baked Beans and Hash Browns

Served With Eggs As You Like Them: Boiled, Poached, Scrambled or Fried

Scrambled Egg or Beans on Toast

Choice of White or Brown Bread

Ham 'N' Eggs

Tasty Slices of Gammon Resting on a
Slice of Toast With a Poached Egg

Grilled Kipper

Lightly Grilled with Lemon and Brown Bread & Butter

Brown or White Toast

Gluten Free available
Served with a selection of
Fruit Preserves,
Marmalade and Honey

Pot of Breakfast Tea

Herbel And Fruit Tea
Peppermint or Green Tea

Filter or Decaf Coffee

Danish Pastries & Croissants

FOOD ALLERGENS AND INTOLERANCES

Please ask a member of staff
about any allergies or dietary
requirements that you may have